



ASOP Orthopedic Physician Extender Program Instructional Strategies for the AT Faculty in Orthopedic Casting

Workshop Agenda

Day 1

	Overview – ASOP Orthopedic Physician Extender Program	Lecture
30 min	Orthopedic Cast room tools and safety management	
30 min	Overview of orthopedic casting materials	Lecture
45 min	Short arm casting & removal options	Demonstration
60 min	Short arm practice	Lab
45 min	Thumb Spica casting & removal options	Demonstration
60 min	Thumb Spica practice	Lab
45 min	Long arm casting and removal options	Demonstration
60 min	Long arm practice & Humeral Fracture Brace	Lab
45 min	Thermo-moldable Fracture Brace System - Upper Extremity	Lecture / Demo

Day 2

60 min	Short leg casting & removal options	Demonstration
120 min	Short leg casting & Lower leg fracture bracing	Lab
60 min	Long Leg casting & removal options	Demonstration
60 min	Thermo-moldable Fracture Brace System - Upper Extremity	Lecture / Demo
60 min	Orthopedic Splinting and Stabilization (Immed vs office)	Lecture / Demo
90 min	AT Faculty Instructional Session – Individual Teaching	Demo
30 min	Casting & Fracture Brace/Splinting Lab Review	Lab

14.0 Contact Hours

Athletic Training Faculty will have access to an additional 26 Category A CEUs.



American Society of Orthopedic Professionals (P120) is approved by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers.